

Dr. Ahmad Rashid, DPM

Columbia, MO 65203

Business Phone: (603) 730-7309 • Business Fax: (603) 825-5332 • Email: arashid@nhfootdoctor.com

Website: www.footankledoctor.com • LinkedIn: <https://www.linkedin.com/in/ahmad-rashid-dpm/>

United States Citizen

SUMMARY

Board-certified, multi-state licensed podiatric physician with comprehensive surgical residency training in Brooklyn, New York. Extensive experience in surgical care, wound management, and general podiatric practice, with a strong background treating diverse patient populations across a wide range of clinical settings.

WORK EXPERIENCE

United Podiatry, PLLC *(February 2022 – Current)*

- Created a startup practice to address the podiatric medical needs of the citizens of New Hampshire and Vermont
- Established multiple podiatry clinics at various institutions including urgent care centers, nursing homes, assisted living facilities and state prison systems
- Independently provided home care for patients unable to attend podiatry clinic or receive services otherwise
- Performed all administrative duties, such as accounting and management, and all medical duties, such as a provider

Northeastern Vermont Regional Hospital *(June 2023 – April 2024)*

- Examined and treated over 20 patients per day as the solo podiatrist in a hospital
- Worked independently on per-diem basis to treat all forms of lower extremity pathology ranging from skin lesions and diabetic foot ulcers to fractures and tendon ruptures
- Performed several in-office procedures including ingrown nail removal, incision and drainage of abscess, cortisone injections, skin biopsy, wound debridement, casting of custom orthotics, digital tenotomy and cyst aspiration

Advanced Foot and Ankle Center, LLC *(April 2023 – April 2024)*

- Helped establish a new podiatry clinic in Rutland, VT to serve the podiatric medical needs of the community
- Practiced podiatry independently on all days worked and provided all forms of podiatric medical care such as, but not limited to, wound care, orthotic fabrication, minor office procedures and routine foot care

Coos County Family Health Services *(January 2020 – January 2022)*

- Examined and treated over 20 patients per day as the solo podiatrist in a multi-specialty medical group
- Grew a previously part-time 20 hour/week practice to 40 hour/week during COVID19 pandemic
- Worked independently to treat all forms of lower extremity pathology ranging from skin lesions and diabetic foot ulcers to fractures and tendon ruptures
- Performed several in-office procedures including ingrown nail removal, incision and drainage of abscess, cortisone injections, skin biopsy, wound debridement, casting of custom orthotics, digital tenotomy and cyst aspiration

HOSPITAL AFFILIATIONS

Northeastern Vermont Regional Hospital *(June 2023 – April 2024)*

- Worked per-diem to fulfill need for lower extremity wound care and other foot injuries

Androscoggin Valley Hospital *(January 2020 – December 2021)*

- Provided in-house services for lower extremity wounds, including bedside and operating room debridement
- Provided out-patient surgical services for clinic patients, including elective and infectious cases

EDUCATION

Wyckoff Heights Medical Center *(July 2016 – June 2019)*

- Chief resident of podiatry in final year at New York Medical College's teaching hospital
- Podiatric Medicine and Surgery Residency with added Reconstructive Rearfoot and Ankle Surgery credential
- Surgical Rotations

- Podiatric Surgery, Wyckoff Heights Medical Center, Brooklyn, NY
- Gramercy Surgery Center, Manhattan, NY
- Midtown Surgery Center, Manhattan, NY
- St. Joseph Hospital, Bethpage, NY
- Plainview Hospital, Plainview, NY
- St. John's Riverside Hospital, Yonkers, NY
- St. John's Riverside - Dobbs Ferry Pavilion, Dobbs Ferry, NY
- White Plains Ambulatory Surgery Center, White Plains, NY
- Orthopedic Surgery, Wyckoff Heights Medical Center, Brooklyn, NY
- Plastic Surgery, Wyckoff Heights Medical Center, Brooklyn, NY
- General and Vascular Surgery, Wyckoff Heights Medical Center, Brooklyn, NY

Barry University – School of Podiatric Medicine *(April 2016)*

- Doctor of Podiatric Medicine
 - BUSPM Merit Scholarship
 - BUSPM Dean's List

University of Massachusetts – Isenberg School of Management *(May 2012)*

- Master of Science in Accounting

University of Massachusetts – Isenberg School of Management *(May 2010)*

- Bachelor of Business Administration
 - Cum Laude – Latin Honors
 - Major: Accounting and Information Systems, Pre-Medical Studies

LICENSES

Texas State Unrestricted Podiatry License: #2381 *(July 27, 2026 – Current)*

Missouri State Unrestricted Podiatry License: #2026028842 *(June 23, 2026 – Current)*

Hawaii State Unrestricted Podiatry License: #PO-265 *(July 21, 2026 – Current)*

New Hampshire State Unrestricted Podiatry License: #0372 *(September 11, 2019 – Current)*

Vermont State Unrestricted Podiatry License: #056.0000204 *(March 1, 2023 – Current)*

Florida Telehealth Podiatry Registration/License: #TPPP12 *(May 6, 2026 – Current)*

New Hampshire & Vermont DEA Licenses: Numbers Available Upon Request (*September 18, 2019 – Current*)
California State Unrestricted Podiatry License: Will be issued December 2026

EXAMINATIONS & BOARD CERTIFICATION

American Board of Podiatric Medicine Certification Exam: Passed (*October 16, 2020*)

American Board of Podiatric Medicine Qualification Exam: Passed (*May 15, 2019*)

National Board of Podiatric Medical Examiners, Part 3: Passed (*June 6, 2018*)

National Board of Podiatric Medical Examiners, Part 2: Passed (*January 5, 2016*)

National Board of Podiatric Medical Examiners, Part 1: Passed (*July 9, 2014*)

OTHER CERTIFICATIONS & ORGANIZATIONS

American Board of Quality Assurance and Utilization Review Physicians: Professional Member (*April 2026 – Current*)

Royal College of Physicians and Surgeons of Glasgow: Current Fellow (*July 2024 – Current*)

Hyperbaric Oxygen Therapy: UHMS Approved 40-hour Course (*November 11, 2021 – November 14, 2021*)

Bako Mini-Fellowship: Georgia Podiatric Dermatology Program (*April 1, 2019 – April 12, 2019*)

ACFAS Foot and Ankle Arthroscopy: Chicago Surgical Skills Course (*March 23, 2019 – March 24, 2019*)

SEAK: How to Start, Build, and Run a Successful IME Practice Course (*June 2026*)

ADVANCED TRAINING

Artelon: Fort Worth Cadaver Lab (*May 5, 2023 – May 6, 2023*)

Paragon 28: Denver Cadaver Lab (*August 6, 2020 – August 8, 2021*)

Osteomed Foot and Ankle Reconstruction: Dallas Podiatry Residency Course (*May 18, 2019*)

KCI Bioskills Workshop: Miami Cadaver Lab (*March 7, 2019 – March 8, 2019*)

Arthrex: Manhattan Headquarters Cadaver Lab (*December 17, 2018*)

Osteomed: Wyckoff Hospital Cadaver Lab (*December 2, 2018*)

Osteomed: Wyckoff Hospital Cadaver Lab (*September 9, 2018*)

Wright Medical: Wyckoff Hospital Cadaver Lab (*August 15, 2018*)

Osteomed: Wyckoff Hospital Cadaver Lab (*July 5, 2018*)

Osteomed Foot and Ankle Reconstruction: Dallas Podiatry Residency Course (*May 19, 2018*)

Osteomed Foot and Ankle Reconstruction: Dallas Podiatry Residency Course (*January 15, 2017*)

PROFESSIONAL PRESENTATIONS AND LECTURES

New York State Podiatric Medical Association: Complications Seminar (*January 19, 2019*)

- “Ankle Fusion for Severe Varus Deformity After History of Osteomyelitis”

- Speaker at the largest podiatry conference in the U.S.A.

PROFESSIONAL INTERESTS

Diabetic Limb Salvage and Wound Care

Reconstructive and Elective Foot & Ankle Surgery

Foot & Ankle Trauma and Sports Medicine